

male grooming

The dermalogica Treatment Facial allow 1 hour	£36.50
Energising Body Massage allow 1 hour	£40
Stress Relief Back Massage allow 30 minutes	£22
Manicure allow 45 minutes	£20
Pedicure allow 45 minutes	£20
Reflexology allow 1 hour	£30
Back Wax allow 30 minutes	£20
Eyebrow Wax allow 15 minutes	£8

teenage treatments

The dermalogica Treatment Facial	
1 hour	£36.50
30 minutes	£25
Make up Lesson allow 1 hour	£32
Manicure allow 1 hour	£25
Eyelash tint allow 30 minutes	£12
(24 hour patch test required before first treatment)	
Eyebrow shape allow 30 minutes	£8



THE CRAIGLANDS HOTEL
Cowpasture Road
Ilkley, West Yorkshire
LS29 8RQ

tel: 07773 086901
touchbeauty@live.co.uk

gift vouchers available



dermalogica[®]
a skin care system researched and developed by The International Dermal Institute

O.P.I Minx™



Cancellation Policy

We respectfully request 24 hours notice for any cancellations or a charge may be incurred



touch
beauty therapy
+
nailbar

nailbar
treatments for hands and feet

O.P.I

with chip free,
extended wear colour

Minx™

extends fashion to your
fingers and toes

manicure	Moisture replenishing spa manicure allow 1 hour	£25	£30	Film finish manicure	£40
pedicure	Sole soothing spa pedicure allow 1 hour	£25	£30	Film finish pedicure	£40
shape & paint	Shape and Paint allow 30 minutes	£12	£18	Shape and Minx	£20

Nail Enhancements
Gel Overlays
Rebalance

£40
£30
£20

welcome to touch

Having gained over 18 years of experience in the beauty therapy industry, I have put together a collection of treatments emphasizing a hands-on, holistic approach. I warmly welcome you to touch beauty therapy.

Laura

dermalogica®

a skin care system researched and developed by The International Dermal Institute

For years dermalogica's formulas have pioneered new standards for product performance. Using only the finest ingredients available, all products are non-comedogenic and contain no occlusive mineral oil or lanolin, no irritating artificial colours or fragrance, and no drying S.D. alcohol or formaldehyde.

Developed with the environment in mind, dermalogica also ensure that all ingredients are from eco-safe sources and are packaged in recyclable containers. Always cruelty-free, dermalogica do not test on animals.

the dermalogica® treatment facial

- double cleansing
- face mapping
- power exfoliation
- manual extractions
- pressure point face therapy
- treatment masque
- hair and scalp massage

Its one treatment thats different every time!

allow 1 hour.....£36.50

dermalogica® spa body treatments

Exfoliating Body Massage

Body brushing combined with skin softening papaya enzymes and rice bran polish away dry skin, refreshing orange and green tea revitalize and hydrate.

allow 1 hour and 15 minutes£40

Stress Relief Treatment Massage

Advanced massage techniques combined with calming essentials oils of sandalwood, lavender, orange and clary sage. Naturally purified extracts of tea tree, lemon and ylang ylang, help counteract the negative mental effects of stress for the ultimate in relaxation. Infrared heat lamps can also be used to improve circulation in areas of tension.

Body Massage allow 1 hour£36

Back Massage allow 30 minutes£22

Toxin Relief Treatment Massage

An aromatic detoxifying body treatment to alleviate bloating and sluggishness. Purifying essential oils of rosemary, sage, pine, juniper and lemongrass stimulate circulation and help purge the body of accumulated toxins.

allow 1 hour£36



tanning treatment

Fake Bake Gold is the ultimate luxury self tan range, reserved exclusively for premium beauty salons and spas. Fake Bake Gold products contain the highest quality naturally derived ingredients which pamper your skin, leaving it beautifully tanned and conditioned.

Full Body allow 1 hour£38

Full Leg allow 30 minutes£20

stone therapy chakra balancing treatment

Today everyone strives for serenity, balance and physical wellness. The treatment combines, massage therapy and chakra balancing, dissolving stress, relieving blockages and neutralizes negative energies to introduce a feeling of well being and balance. Vital energy is rediscovered.

allow 1 hour and 15 minutes£40

reflexology

Reflexology is a specific pressure technique applied to the feet where all the internal body structures and organs are mirrored in miniature. It is a simple non-invasive treatment which helps the body to maintain a delicate balance between the systems.

allow 1 hour£30

CHANEL

Cleanse and Make-up allow 45 minutes£32

Make-up Lesson allow 1 hour£32

Bridal Make-up to include trial before the day£55

treatments for eyes

Eyelash Tinting allow 30 minutes£12

Eyebrow Tinting allow 15 minutes£8

Eyelash and Eyebrow Tinting allow 45 minutes£18

Eyebrow Shape allow 30 minutes£8

waxing

Removal of unwanted hair with organic cream wax - results last up to six weeks

Half Leg allow 30 minutes£16

Full Leg and Bikini allow 1 hour£26

Bikini allow 15 minutes.....from £12

Underarm allow 15 minutes£10

Lip allow 15 minutes£7

Lip and chin allow 30 minutes£10

Back Wax allow 30 minutes£20

electrolysis

Safe, permanent hair removal. Top of the range system which is very effective on deep seated course hairs and is also kinder to the skin. Sterex disposable needles are used. Premises inspected by local health authority.

Consultation free of charge

15 minutes£12

30 minutes£20